

GROW

Foundational Practice: Living on Purpose

To live on purpose means to invest our lives eternally—according to God’s design (Eph. 2:10). Our skills, gifts, passions, experiences, and relationships all contribute to living out our God-given purpose.

Spend a few minutes sharing your responses to the following questions. In what ways do you want to live on purpose this year? How can you intentionally use your skills, gifts, and passions for God’s glory?

1. **Read Colossians 3:17 and Luke 2:52 out loud.** What stands out to you in these passages and why? What caught your attention in Brad’s message?
2. In what ways have you experienced greater intimacy with God through scripture, prayer, and creation? How does your growth in the wisdom of God strengthen your relationship with Him?
3. As you think about your life and personality, what practices and/or factors contribute to your physical and emotional health? What are felt-barriers that can prevent or deter you from pursuing physical and emotional health? When you are physically and emotionally healthy, how does this affect your walk with the Lord?

“Commit your works to the Lord, And your plans will be established.”

PROVERBS 16:3

4. What does it look like for you to delight in the Lord? What stirs your affections for Him and when do you feel most connected with Him?
5. How does intentional, biblical community grow your love of the Lord? What are your favorite ways to connect with others and why? How have you seen God develop and grow your engagement in community over the past couple of years?

WEEKLY PRACTICE

Set aside time this week to pray through and begin crafting a Rule of Life. You can focus on four areas within the Rule of Life: Wisdom of God, Physical and Emotional Health, Delight in the Lord, and Community. *Remember:* build your Rule of Life based on your personality and an openness to the Lord. How is He leading you to arrange and live your life on purpose? Check out the next page for an *example* of how to craft a Rule of Life.