RELIGION

I obey, therefore I'm accepted.

Motivation is based on fear and insecurity.

I obey God in order to get things from God.

When circumstances in my life go wrong, I am angry at God or myself, since I believe, like Job's friends that anyone who is good deserves a comfortable life.

When I am criticized I am furious or devastated because it is critical that I think of myself as a "good person." Threats to that self-image must be destroyed at all costs.

My prayer life consists largely of petition and only heats up when I am in a time of need. My main purpose in prayer is control of my environment.

My self-view swings between two poles. If and when I am living up to my standards, I feel confident, but then I am prone to be proud and unsympathetic to failing people. If and when I am not living up to standards, I feel insecure, inadequate, and not confident. I feel like a failure.

My identity and self-worth are based mainly on how hard I work or how moral I am, and so I must look down on those I perceive as lazy or immoral. I disdain and feel superior to "the other."

Since I look to my own pedigree or performance for my spiritual acceptability, my heart manufactures idols. It may be my talents, my moral record, my personal discipline, my social status, etc. I absolutely have to have them so they serve as my main hope, meaning, happiness, security, and significance, regardless of what I say I believe about God.

THE GOSPEL

I'm accepted, therefore I obey.

Motivation is based on grateful joy.

I obey God to get to God-to delight and resemble him.

When circumstances in my life go wrong, I struggle but I know all my punishment fell on Jesus and that while he may allow this for my training, he will exercise his Fatherly love within my trial.

When I am criticized, I can take it. I struggle, but it is not critical for me to think of myself as a "good person." My identity is not built on my record or my performance but on God's love for me in Christ. I can take criticism.

My prayer life consists of generous stretches of praise and adoration. My main purpose is fellowship with God.

My self-view is not based on a view of myself as a moral achiever. In Christ I am "simul iustus et peccator" — simultaneously sinful and yet accepted in Christ. I am so bad he had to die for me and I am so loved he was glad to die for me. This leads me to deeper and deeper humility and confidence at the same time, neither swaggering nor sniveling.

My identity and self-worth are centered on the one who died for his enemies and who was excluded from the city for me. I am saved by sheer grace, so I can't look down on those who believe or practice something different from me. It is only by grace that I am what I am. I have no inner need to win arguments.

I have many good things in my life: family, work, spiritual disciplines, etc. But none of these good things is an ultimate end for me. None of them is something I absolutely have to have, so there is a limit to how much anxiety, bitterness, and despondency such things can inflict on me when they are threatened and lost.

THE DIFFERENCE BETWEEN RELIGION AND GOSPEL FROM TIM KELLER'S GOSPEL IN LIFE STUDY GUIDE, P. 16