

# SONG OF SOLOMON

## SERMON DISCUSSION GUIDE

### CONFLICT ■ VERSES 5:2 - 6:3

**E** everyone      **M** married couples      **D** dating couples      **S** singles

#### **SPLASH**

- M** What words would you use to describe how you conflict in your marriage?
- M** Who typically apologizes first in your marital conflict? Is there a pattern? Is it healthy? Have you ever talked about it?
- M** Brad said this week that “the goal is to be ONE not right” in marriage. Which one of these two do you honestly pursue more? How has that effected your marriage?
- DS** How you handle conflict with roommates, family, and friends is a pattern developer for the way you will handle conflict in marriage. What patterns are you currently developing?
- DS** If you have roommates, are you willing to address issues that bother you with your roommates? Why or why not?
- E** Are you a reactor or responder by default? What is the difference as you see it?

#### **SINK DOWN**

*Read James 1:19-21.* How have you experienced the consequences of anger in your life?

This passage tells us to be “quick to hear.” Are you known for being a good listener? Why or why not?

Do you tend to listen first or speak first when in conflict?

What are some things you can do to make you a better listener?

What does it mean to be slow to anger?

*Read Ephesians 4:26-27, 31-32.* Why do you think it is so hard to be angry and not sin? What does this even look like?

Why is it so important to not let the sun go down on your anger?

In what ways does anger give an opportunity to the Devil?

What do you think it means to forgive someone as God in Christ forgave you? Why is this even in here?

Why didn't the author simply say “forgive one another?”

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#### REFLECTION

- E** What can you do to work on the way that you conflict to promote an even greater degree of health? What bad conflict habits do you need to give up? (i.e. don't be historical, respond don't react, learn to initiate reconciliation, etc...)
- E** Are you in the midst of any conflict that you need to resolve right now? How can we as a group help you do that?
- M** How are you going to better "passionately and relentlessly" pursue oneness in your marriage? Be practical!